

A Summer of Fun



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Jingle Jangle at Breck Road Library 10.30am—12.00pm</p> <p>Come along to the Library to enjoy socialising with others. Create some art work to take home and enjoy singing songs and rhymes to promote language development.</p>	<p>Mighty Movers 10.00-11.00am</p> <p>Starts Tuesday 25th July 2023</p> <p>Would you like to learn ways to help your child get moving within your family home? Are you unsure of how much children should be moving each day? Come along and join us at our 6 week course to help support your child's physical development.</p>	<p>SWAN - 16th August 10.30-11.30am</p> <p>A member of the ASD Team will be here to answer any questions and give advice on any concerns that you may have regarding your child's social communication development and ASD worries.</p>	<p>Lunch and Play 10.30am—12.30pm</p> <p>A fun play group for adults and children. Join in with a wide range of fun and stimulating activities to support your child's development.</p> <p>We will be providing the following lunches for you and your family:</p> <ul style="list-style-type: none"> • 3rd August— Pasta Bolognaise. • 10th August—Fish Fingers, Wedges and Peas. • 17th August—Chicken/Veggie Curry and Rice. • 24th August—Tuna/Cheese Jacket Potatoes and Salad. <p>Served with fruit and water.</p> <p><i>Please advise us of any dietary requirements.</i></p>	<p>Jingle Jangle at Breck Road Library 10am—11.30am</p> <p>Come along to the Library to enjoy socialising with others. Create some art work to take home and enjoy singing songs and rhymes to promote language development.</p>
<p>Baby Massage 11am—12.30pm</p> <p>A relaxing session that gives you and your baby some quality time to bond in warm and friendly environment.</p> <p><i>Please contact us to book a place.</i></p>	<p>Health Visitor Led Clinic 9.30am-12.30pm</p> <p><i>Appointment only please contact health visitor team</i></p>	<p>Wacky Wednesdays</p> <p>2nd August—Storytime with Book Worm Players 1.30-3.00pm</p> <p>A fun and interactive story show for all the family.</p> <p><i>Places are limited, please contact the centre for more details.</i></p>	<p>Shelter 09.00am until 12.30pm</p> <p>Call into the children's centre for some housing advice from the lovely team at Shelter.</p> <p><i>Drop In.</i></p>	<p>Mama fit Family Active 9.15am-10.15am</p> <p>Starts 28th July—1st September</p> <p>Parent and pre schooler</p> <p>Interactive course for Mums, Dads and children under 5 to help families eat better and get active</p> <p>Book via the link or come along to the centre.</p> <p>https://members.mamafituk.com/courses/190/info</p>
	<p>All About Baby 1.00pm—2.30pm</p> <p>Come along to our Under 1's baby group. A fun session for parents and babies with stimulating and age appropriate activities.</p>	<p>9th August—Fab Science at Anfield Children's Centre 1.00pm until 2.30pm</p> <p>Join us for an exciting (but safe) afternoon of science with fun experiments and activities.</p> <p><i>Places are limited, please contact the centre for more details.</i></p>		<p>Mama fit Family Active 10.30am-11.30am</p> <p>Parents-to-be</p> <p>Helping pregnant women and their partners to be active and eat well during pregnancy.</p>
	<p>Bump Birth and Beyond 1st August 2.30pm -4pm</p> <p>A fun antenatal session with demonstrations and advice to prepare for your new arrival.</p> <p>8th August 2.30pm-4pm</p> <p>Support and advice around feeding your new arrival</p>	<p>16th August - Trip to Walton Hall Gardens, Warrington</p> <p>Coach leaves the children centre at 10am and will return at 3pm. Please bring a packed lunch along with you.</p> <p><i>Places are limited, please contact the centre to book. A £5 non-refundable deposit per family, is required at the time of booking.</i></p>		
		<p>23rd August—Anfield Summer Festival 1.00pm until 3.00pm</p> <p>Lots of festival fun, entertainment from Jumping Jacks, camp fire, arts & crafts, and lots of fun and games!</p> <p><i>Places are limited, please contact the centre for more details.</i></p>		

This timetable will run until Tuesday 29th August. If you have any queries please do not hesitate to contact us on 0151 233 4001.