

Autumn Timetable

Monday

Toddle Tots

10.00am - 11.00am
Play session for children aged 12-24 months and their parents/carers. Help your child develop social, number, communication and language skills through fun play activities together.
Drop in

Jingle Jangle at Breck Road Library

10.30am - 12.00pm
Come along to the library to enjoy socialising with others. Create some art work to take home and enjoy singing songs and rhymes to promote language development.
Drop in

Baby Massage

1.15pm - 2.45pm
Share the art of infant massage, promotes relaxation and bonding with your baby through touch.
6 week course.
(Please book)

Saturday

FAMILY FUN DAY
Christmas Party
15th December
2018

10.00am - 12.00pm



Tuesday

Early Access Clinic

9.30am - 1.00pm
Midwifery Service
Appointment only.

Our Liverpool ESOL Class

9.30am - 11.30am
A class for anyone whose first language isn't English. Help improve your speaking, reading and writing skills. An initial assessment will ensure you are studying at a level to suit you. Please book, limited crèche places available.

Wiggle and Jiggle at Anfield Primary School

10.15am - 11.00am
A fun and friendly music and movement session that will help support your child's physical and social development further.
Drop in

Nurturing Programme

12.45pm - 2.45pm
This 10 week course helps parents to celebrate family life through raising self-esteem and making better choices for the whole family. Supports parents with child development and a variety of issues that occur in every day family life. Please book, limited crèche places available

Antenatal Evening

Active Birth
6.00pm - 8.00pm
Practical session to support families in preparing for labour. Led by Community Midwifery Team. First Tuesday of the month
Please book

New Born Know How

6.00pm - 8.00pm
Session with practical demonstrations and advice to prepare you for your new arrival. Led by Community Midwifery Team. Second Tuesday of the month. Please book.

BAMBIS Antenatal Infant Feeding Session

6.00pm - 8.00pm
Support and advice around feeding your new arrival. Meet BAMBIS' Volunteers and our Breastfeeding Champions. Third Tuesday of the month
Please book

Wednesday

Households into Work

9.00am-12.00pm
Programme to support unemployed people aged 16+ who live in Liverpool. We will help you and your household access a range of support based on your needs, helping you to progress and move forward towards training and employment. - Please book

Anfield Angels at Anfield Primary School

9.30am - 11.00am
Teacher led.
Fun session to support families with their child's development. Join in together with a wide range of stimulating activities.
Drop in

Anfield Tots

9.30am - 10.15am
A weekly session for parents and tots under 3 to make music and have fun together! Led by Liverpool Philharmonic musicians, you will explore a variety of percussion instruments, sing songs and rhymes and have a front row seat to live music!
Please book

Let Me Play Too!

11.00am - 12.00pm
Join us for a supported play session for babies and children who have special needs or a physical or learning disability. Explore new play opportunities, meet new families and discover the services and benefits that could help your child, you and your family. - Drop in

Breast Friends in partnership with BAMBIS

12.30pm - 2.00pm
Come along and meet our Breastfeeding Champions and BAMBIS' Volunteers. Social group for breastfeeding families with support available if required.
Drop in

SEN

Support and Physio Clinic
1.30pm - 3.00pm
Advice and support for all families is available on issues around SEN/Disability including; DLA, behaviour, nursery/school placements and speech and language concerns.
Physio clinic by appointment only

Volunteers' Programme

12.45pm - 2.45pm
Are you motivated and fun loving? Would you like to volunteer at the Children's Centre? If you are interested contact Karen for further information about our four week accredited programme. Please book, sorry no crèche available

Thursday

Well Baby Clinic

9.30am - 11.30am
Drop in and get your baby weighed. Support and advice available on a wide range of issues including introducing solid foods, behaviour and all aspects of your child's development.
Fortnightly - Please phone for dates.

Stay, Play & Learn

9.30am - 11.00am
Play session for adults and children. Join in together with a wide range of fun and stimulating activities to support your child's development.
Drop in.

Little Listeners at Breck Road Library

1.15pm - 2.15pm
Come along for stories, crafts and song and rhyme. Promotes speech and language development.
Drop in.

Tiny Talk

1.30pm - 3.00pm
Under 1's group
Fun session for parents and babies with stimulating and age appropriate activities.
Drop in.

Friday

ESF Ways to Work

9.00am - 1.00pm
Are you thinking about how to get into employment or training? One-to-one advice and support and for help to plan a future career.
Please book

Our Liverpool ESOL Class

9.30am - 11.30am
A class for anyone whose first language isn't English. Help improve your speaking, reading and writing skills. An initial assessment will ensure you are studying at a level to suit you. Please book, limited crèche places available.

Time for Change

9.30am - 11.30am
Eight week course to increase your confidence and self-esteem and focus on planning for your next steps. Learn ways to become more assertive and make choices that count for you. Please book, limited crèche places available.

Community Outreach

1.00pm - 3.00pm
Our friendly team will be out and about in the community! Please contact the centre if you would like a visit.
Tuesday Evening Classes

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Information and Taster Session for Childcare and Teaching Assistant Courses

11th September 2018
5.00pm-8.00pm
Come along to find out more information and enrol on Childcare and Teaching Assistant Courses.

Supporting Teaching and Learning in Schools and Colleges (Teaching Assistant) Level 2 Certificate

18th September 2018
5.00pm - 8.00pm
32 week course for anybody interested in a career working with children.
Fees may apply

Support Work in Schools and Colleges (Teaching Assistant) Level 2 Certificate

18th September 2018
5.00pm - 8.00pm
18 week course for anybody interested in a career working with children as a teaching assistant.
Fees may apply

Spanish for Beginners

18th September 2018
6.30pm - 8.00pm
10 week course for complete beginners. Are you interested in Spanish language and culture for holidays, business or simply the challenge of learning a new language? This is the course for you!
Please contact the centre for more information

Also available

Sensory Room - Available daily, come along, relax and stimulate your senses! Please book

Lending Library - 'Take a Look, Borrow a Book' Lending Library available daily. Come along and borrow a book to read together at home. Be a super borrower and receive a prize for reading 10 books!

Healthy Start Vitamins available here!

Your opinion matters - Please feel free to share your views and thoughts on services at the centre!

Events coming soon!

Family First Aid

19th October 2018
11.45am - 2.45pm

Half day course to ensure you are prepared and confident to deal with any minor accidents.

Please book, limited crèche places available

